







<b>Meat</b>	Date	Tuna	Date	Chicken	Date	Sausage/TVP	Date	Can Beef	Date	Can Turkey	Date	Clams	Date	Spam/Vienna			
		12 cans (family)		5 cans pp		2 #10 cans (family)		As Desired		As Desired		As Desired		As Desired			

<b>MISC</b>	Date	Yeast	Date	Vinegar	Date	Fruit Drink Mix	Date	Soy Sauce	Date	Lemon Juice							
		2 lbs. pp		1/2 gallon pp		As Desired		2 (64 oz.) jars (family)		5 bottles (family)							

<b>Spices</b>	Date	Cinnamon	Date	Nutmeg	Date	Mont. Seasonin	Date	Cumin	Date	Taco Ssng	Date	Garlic Pow	Date	Ginger	Date	Chili Powder	Date	Parsley	Date	Basil	
	Date	Italian Ssng	Date	Garlic Spread	Date	Rosemary	Date	Lemon Pepper	Date	Chkn Bouillon	Date	Beef Bouillon	Date	Pan Spray	Date	Ssng Salt	Date	Dry Mustard	Date	Curry	

<b>Fuel</b>	Date	Propane	Date	Gasoline	Date	Alcohol	Date	Lighter Fluid	Date	Charcoal	Date	Butane					

\*Visit our website at [www.dealstomeals.com](http://www.dealstomeals.com) for more information on how to obtain your year supply of food.